

## Kit List

### Don't leave home without:

- Passport** (Check expiry date)
- Money** (debit/credit cards - note that some banks require advance notice of travel)
- Local Currency** (US Dollars can easily be exchanged in Chile, sterling/euros much harder)
- Airline tickets or booking codes**
- Emergency phone numbers for your travel insurance, local operator and booking agent**

### Clothing:

- A few lightweight, easily washable items (layering is always best)
- Midweight fleece or wool sweater
- Midweight fleece or wool pants
- Long-sleeved shirts or tees for layering
- T-shirts
- Underwear and personal items (for women we recommend a good sports bra for riding)
- Wool cap or other warm hat (choose one that can be used under your riding helmet)
- Scarf or neck warmer
- Comfortable footwear for general walking
- Wool sweater or fleece
- Sun hat or visor that can be worn with your riding hat
- Riding trousers (Half or full chaps can be provided if required)
- Pair of insulating and quick-drying riding gloves
- Riding helmet: We strongly recommend riders bring thier own BHS/ISO approved hard hat.**  
Hard hats save lives and can prevent serious head injury. Riders are obliged by law to wear a helmet.
- Socks (including knee-high pairs for riding)
- Riding boots (well broken in) or ankle-high multi-purpose boots which work well when worn with half chaps and can comfortably be worn for walking too
- Waterproof and windproof jacket (Gortex or other suitable fabric) with a hood and no leaks. Some clients wear long Australian stock coats. No plastic ponchos please!
- Waterproof trousers (make sure they have an under-foot stirrup to stop them riding up the leg)
- Tracksuit trousers or comfortable walking trousers for optional hikes and for relaxing at hotel
- Swimsuit (for the hardy)

### General:

- Water bottle
- Camera, spare batteries and a spare memory card
- Waterproof camera bag
- Head torch with spare batteries
- Sunglasses (preferably with a neck string)

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### General:

- Sunscreen and lip salve
- Insect repellent
- Small towel
- Personal toiletries
- Any personal medication
- Riders should also bring spare plastic bags/ziplock bags for storing non-waterproof items such as cameras, binoculars etc in the saddle bags. These are made of leather and will not repel heavy rain.
- Spanish phrasebook or dictionary
- Travel alarm clock
- Swiss army knife
- Wet Ones or similar travel wipes
- Tissues
- Reading material
- Electrical adapter (Chile uses a 2-pin, 220 volt outlet)
- Spare contact lenses or glasses if necessary
- Small binoculars
- Ear plugs for light sleepers